

# Smile Make Over

Your smile is the first thing that many people will notice about you, and it can leave a lasting impression.

A smile makeover is about improving your smile, and it usually involves a number of different procedures. When we consider that your smile is made up of teeth, gums, lips and your face, it follows then that it could mean something completely different from one person to the next.

Usually a smile makeover begins with designing a person's smile to look better, but still appear natural in their face. It could include reducing a gummy smile, aligning crowded teeth, closing gaps, whitening, changing the size or shape of the teeth, replacing missing teeth or any other procedure that would improve a smile. The teeth most commonly involved are the upper eight or ten teeth which are visible in the smile. Where necessary, the lower teeth may be treated too so that the overall appearance is balanced and attractive; sometimes it may just be tooth whitening but it could include braces or even veneers.

In the past, the most frequent treatments used in a smile makeover were multiple porcelain veneers. Today, adult braces play an important role in smile makeovers because the integrity of the teeth is preserved. However, when appropriate, direct and indirect veneers still provide a predictably strong and highly aesthetic restorative solution.

Where teeth are missing or badly damaged, crowns, bridges, implants and dentures can also be part of a smile makeover.



*Smile makeover - BEFORE*



*Smile makeover - AFTER*